Mark the different lengths on your pattern AFTER you have finished all the “tweaking”. That way you will have already removed what you don’t need at the top of your pattern.

For exact comfortable length—measure one of your favorite garments. Be sure to add at least 2” for hem to that length.

When marking those lines on your pattern measure from approximate waistline NOT top of pattern because have added a seam allowance or enough to attach elastic to the top of the pattern.
CLASSY...SASSY...CAPRIS
YOU NEED THE SEW SLIM PANTS PATTERN TO MAKE YOUR CAPRIS

Call them what you want—clam diggers, pedal pushers (that tells my age) or capris—I just call them fancy! What an easy way to add pizzazz to your wardrobe. Measure from your waist to desired hem and add 4” to determine yardage. You will need two of these lengths.

Choose any fabric that you would choose for long pants.
Use your SEW SLIM PANTS PATTERN and just shorten!

SPANISH HEM FOOT
Shorten your Capri length by 3 to 4”. Press ½” to wrong side and another ½” and top stitch hem in place. Measure width of finished leg at hem. Cut two pieces of fabric 4” wide (can be contrasting if desired) X width plus 1”. Press strip of fabric in half. Using that crease as a guide, embroider the strip through one layer. Finish all edges by folding in ½” and gluing in place with Steam-A-Seam. Lay finished edge of strip next to finished hem and using the special foot (all machine companies have a comparable foot) and desired decorative stitch join the two edges together.

EMBROIDERED CUT WORK
Choose any cutwork design. Sew side seam together but leave inside leg seam open. Fold up hem and press. Using crease as a guide create the cut work with the bottom on that crease. After design is finished, iron French Fuse to the back of the embroidery. Lay on piece of plastic coated freezer paper and soak with Fray Bock. Allow to dry and cut next to design to create scalloped edge.

WASH-A-WAY THREAD and TUBES
Measure desired length and mark and crease. Thread machine and bobbin with Wash-A-Way thread. This thread will disappear when spinkled with water.
Cut two rectangles of fabric 9” X 5”
Fold in half and crease. Draw a box
2” X 7” using the crease a guide to the
Center of the box. This will be your cutting
line. Fold ½” of sides and top to inside,
topstitch and press. Lay box right sides to
right sides of capris. Stitch ¼” away from
the box you drew on the fabric.

Cut piece of fabric 36” long and 3” wide. Fold right sides together and stitch ½” away from folded edge. Trim, turn and press. Cut 6 tubes—6” long
Fold up and press hem—stitch in place.
Stitch facing to capris, catching the tubes. Stitch close to edge and again ½” away.

**RIBBON AND BUTTONS**
You can add this to capris that are already finished. Glue 7” of ribbon in place with glue stick.
Stitch on and add buttons!

**ENDLESS HOOP**
Choose any embroidery design and endless hoop. Leave inside leg open. Fold up and press hem.
Use crease as a guide for embroidery design.

*COMING SOON!* Embroidery designs especially digitized for your capris! Make sure you to check web site www.fitnicesystem.com for updates.
Fitted Waistband

The suggestion of using a 9” zipper as opposed to a 7” zipper was made to give you a smoother transition at the waistband. You can use the directions from your skirt or pants pattern or simply follow these instructions. If you are using the MASTER PANTS PATTERN, make sure that you stitch in the darts and fit the top of your pants to your body.

Some ladies have a difference from what they measure and what their comfort is in a fitted waistband. Be sure to fit the top of your pants very snug! Take in the darts slightly or the side seams or both before you apply the waistband.

1. Try on your pants or skirt. Make sure the top fits snug and comfortable.

2. Tie a string around your waist. Pull up pants till the feel and look are good! You can also use a piece of elastic similar to the pull on pants.

3. Mark where the string falls on you with chalk or fabric marker. This will be your stitching line or draw a line at the BOTTOM of the elastic. That mark will be your seam line with the waistband.

4. Measure 5/8” above the line you just drew on your pants and draw another line. Cut off any excess.

5. Measure the top of your pants. Cut a piece of fabric of your pants fabric this measurement plus 2 ½” in length X 3 5/8” wide.

6. Interface the waistband. I like Perfect Waist Maker, but any firm interfacing will do. If you cut your own interfacing, stay away from the
seam allowance. Measure 1 ¼” from seam allowance line and mark or press crease. On the opposite long edge fold 1/4” to the inside and press. This will make a perfect waistband!

7. Measure 2” from the end of waistband and place a pin. This is where you will start stitching to the pants. Stitch all the way around and you should have ½” left at the end. Fold each end right sides together and seam with ½” seam allowance. Turn back to right side and press. Pin waistband in place. You have already finished the inside of the waistband when you folded down the 1/4”. Pin in place and stitch slightly above the ditch (where the pants and waistband join) to finish the waistband. Use button or hook to close! Enjoy your new look!

For ladies that do not like waistbands ABOVE the actual pants but like that no waistband look and feel---measure the top of your pants-- cut a BIAS strip of your pants fabric 3 ½” longer than that measurement and 4” wide. Interface with French Fuse on the stretch of the product. Fuse to back of your new “waistband”. Measure 2” from the end of waistband and place a pin. This is where you will start stitching to the pants. Stitch all the way around and slightly pull your new “waistband”. This will ease in to make a tighter FIT. You should have ½” or more left at the end. Fold each end right sides together and seam with ½” seam allowance. Press to inside. You can press the entire piece to inside and catch in each side seam and dart seam to hold in place or fold in half and stitch in the ditch to make a bias waistband on the outside of your pants.
To order MASTER Pants Pattern or MASTER Top Pattern, go to the website www.fitnicesystem.com Check back often for NEW patterns and hints. Be sure to sign up for e-mail list.

FitNce
Sew Slim System
www.fitnicesystem.com
10101 Leaning Tree Court
Louisville, Kentucky 40291
Fly Front Zipper

If your pattern does not have an extra box on the center front seam, make sure that you add one BEFORE you cut out of fabric. The added box will be 1 ½" wide and 9 “long. (Remember to use a 9” zipper). Interface the wrong side of this addition with French Fuse. This zipper will be stitched on the fly extension ONLY until the last row of stitching.

1. When using a fly front zipper, you will need to sew front center seam first! Starting 1” above the crotch point, sew ½” into bottom of box. Back tack before you switch to a basting stitch. Sew to the top of pants with a basting stitch.

2. Make a clip at the bottom of the fly extension and press the fly front seam open.

3. Working only on the right fly extension, place the closed zipper face down on the extension with the bottom of the zipper 1/4" above of the clip and the edge of the tape (NOT THE TEETH) butting the center seam. With narrow zipper foot, stitch on the zipper tape at the right of the teeth. Check illustration #1. You are stitching through the tape and extension NOT the garment.

Illustration #1
4. Turn your zipper face up which will fold the right extension under. Stitch again close to the teeth. *Illustration #2*

5. Lay the zipper tape flat over the left extension, face down. Stitch ONLY the zipper to the left extension. *Illustration #3.* This side of the tape has not been stitched. Press carefully
6. Working on the right side of your pants and using a fabric marking pen, draw a top stitch line 3/4’ to 1” away from the center seam. Curve this line at the bottom to create that fly front look. **Illustration #4.** Stitch on this line, remove Basting stitches and enjoy!
HOW TO MAKE PALLAZO PANTS

MEASURE EQUAL DISTANCE ON BOTH SIDES OF THE GRAIN AND CREASE LINE

I LIKE TO ADD SLIGHTLY TO THE SIDE SEAM AS WELL
How to Mark and Sew Darts

**How to Mark Darts**

Clip (about 1/4”) through both layers of fabric on each line of dart markings on the pattern. Place a pin at the bottom of the dart through both layers of fabric.

**Turn cut out pieces over.** Place another pin on this side exactly where the first pin came through.

**Draw lines from pin to clip**
Fold dart--matching lines--pin and stitch on that line. Do not back tac at the end of the dart.

Press darts to center
HOW TO NARROW A LEG

FRONT AND BACK

GRAIN and CREASE LINE

MEASURE THE SAME AMOUNT FROM CENTER LINE TO PANTS EDGE 4” TO 6”
THIS ALTERATION SHOULD BE DONE IF YOUR SEAT IS LOW OR FLAT!
This is done on the pattern NOT on the pants themselves.

CROTCH DEPTH CHANGE IN BACK FOR LOW SEAT!

Fold dart 3/4” to 1” as pictured. Start dart at the bottom of the notches on the pattern (as pictured) and taper to nothing at the side seam.
Scotch tape in place. This will shorten the center back seam. ADD that amount (3/4” to 1”) back at the top of the center back and taper to nothing on side just as you did for the dart. This is done after the back pattern has been cut out. You will need to tape a piece at the top to fill in.

Copyright 2011

FitNice
Sew Slim System
www.fitnesystem.com
10101 Leaning Tree Court
Louisville, Kentucky 40291
judykess@insightbb.com
I recommend that you use a 9" zipper and extend the excess into the waistband. This will give you a much smoother look at the top of pants or skirts. The instructions for cutting and applying waistbands are at the end of this section. Make sure the zipper works before you apply.

**Lapped Zipper**
1. Using a 5/8” seam allowance, baste 7” for zipper and sew with regular stitch length for the rest of the seam.

2. Place teeth of zipper slightly to the side of the center seam. Make sure the bottom of the zipper is at the seam allowance that is basted.

3. Sew zipper to left seam allowance ONLY (you are not stitching through garment only seam allowance). Stitch of the edge of the zipper tape.

4. Turn zipper right side up, folding seam allowance, and stitch next to zipper teeth on left seam allowance.

5. Place zipper right side down again, and stitch zipper tape to right seam allowance ONLY (not garment!).

6. Turn pants or skirt to right side and draw stitching line with fabric marking pen and a seam gauge.

7. Stitch on the line. Press and remove basting stitches.

**CENTERED ZIPPER**
1. Baste seam closed.

2. Center zipper teeth over seam and glue in place with basting glue stick.

3. Allow to dry for 10-15 minutes. Turn garment to right side and top stitch around zipper. Remove basting stitches.
# MEASUREMENT CHART FOR PANTS PATTERN

<table>
<thead>
<tr>
<th>YOUR ACTUAL MEASUREMENT</th>
<th>USE THIS MEASUREMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>WAIST</td>
<td>YOUR ACTUAL WAIST MEASUREMENT</td>
</tr>
<tr>
<td>TUMMY</td>
<td>USE THE LARGEST NUMBER--TUMMY OR HIP</td>
</tr>
<tr>
<td>HIP</td>
<td></td>
</tr>
<tr>
<td>PANT LENGTH</td>
<td>ADD 4&quot; TO ACTUAL MEASUREMENT</td>
</tr>
</tbody>
</table>
MAKING PANTS THAT FIT

TRACING YOUR PATTERN

Do not add seam allowances—they are already built into the pattern. You will be working on the Front Pattern first. Unfold your pattern and lay flat on table and cover with Pattern Trace or something similar. Just make sure that you can see through to the pattern below. Pin or tape in place. The first line that you will trace is the Grain and Crease Line. If you get distracted or you ever need to compare pattern to Master again, just line up the Grain and Crease Line.

Open your pattern and work on the front FIRST. Lay pattern tracing material on top and tape in place. Pay attention to the numbers that are circled in the last column!

STEP # 1. Draw grain and crease line

STEP # 2. Measure length of finished pants from the approximate waistline down to match the circled number in the PANT LENGTH box—

Draw a cutting line FOR YOUR Pant length. Continue the grain and crease line all the way to the bottom of the pants.

STEP # 3. Measure 4 5/8” to 5 ½” on either side of the grain and crease line and mark. This will determine The width of the leg of your pants. We can make hem more narrow later if you choose! But let’s start with the extra at first.

STEP # 4. Find your HIP measurement and draw on that line connecting A to B. If you are between sizes, go up a size for your first pair

STEP #5. Now find your waist size and circle that size at the approximate waistline. Connect with the A to B line (hip measurement).
HOW TO ENLARGE MASTER PANTS PATTERN

Measure yourself, using the chart on the pattern. If you are larger than the pattern, please follow these instructions. There is approximately ½” between sizes.

Example: Hips measure 62”—you need to add 5” to the side seam between A and B.
Waist measures 52”—you need to add 5” to the waist area.

Once you have added to those areas—connect the lines on the OUTSIDE of the pattern ONLY as pictured.
Use the largest size—52—in the crotch and inseam area—DO NOT ADD THERE!
Repeat the same addition for the back of the pants. If you are off the pattern—ADD 1” to 1 ½” to crotch shelf on the BACK ONLY as pictured.

STEP #6. Using the illustration above, connect the mark you made at the bottom of the pants to the line you drew between A and B.

STEP #7. Now let’s draw the inside leg seam.
This pattern is designed for HIP MEASUREMENT.
When you are drawing the crotch curve of the front follow the line for YOUR hip measurement. Starting at the crotch point—connect this line with the mark you made at the bottom of the pants (5 ½” away from grain and crease line).

DRAWING THE PATTERN BACK
For pants pattern back follow STEPS 1 THROUGH 7 AND DRAW THE SAME. Be sure to draw your darts on the pattern.

You may need to add to the crotch shelf in the BACK ONLY---you can remove this if necessary but if you don’t add it—you won’t have it. This is for full hips or large tummy—if your pants always want to pull in between your legs—do this alteration.

ADD as little as ½” and as much as 1 ½”
Remember---you can remove this if necessary.
Be sure to do the **BUTT LIFT** if necessary.

**INSURANCE FOR NO FRUSTRATION SEWING!**

- Lay front to back right sides together and make sure **BEFORE** you **CUT** that the crotch points are together and the length is the same front and back. If not, add length now so that your pants can be seamed straight.

**CUTTING OUT FABRIC**

Fold fabric in half and line up the selvage edges. Make sure the folded edge is straight. Lay your pattern **front** on top of fabric and measure from the Grain and crease Line to the selvage line. It needs to be the same distance from that line all the way up and down the pattern. Example: At the top of the Grain and Crease Line if it measures 9” from the line to the selvage. Measure again half way down and make sure it is still 9” and then at bottom of pattern needs to be 9” from Grain Line to selvage. If you don’t line this up before you cut out your pants, the legs will always twist on you! Cut out your Front. Lay Back pattern piece on fabric and measure and cut the same as for Front! Mark the darts on your pattern. You may or may not use these darts but it’s easier to mark them now. Mark grain and crease line!
CONSTRUCTION
Sew both fronts to backs at side seam with a 5/8” seam allowance stretching very lightly as you stitch down the outside seam. Press seam closed and then press this seam open. If your hip and waist measurements were very different, you may encounter a large curve on the side seam. Therefore, press very carefully and use a seam roll. If you don’t own one, tightly roll up a towel and lay your side seam over the towel to press. It just makes pressing a little easier! By stretching your seams as you sew, you put some give in those seams. Sew the inside leg seams, stretching very lightly, and press those seams closed and then open. Lightly set your creases in your pants. Turn one leg inside out. Put one leg inside the other. Make sure your legs are right sides together. Sew from top of front to top of back with 5/8” seam. You will be stitching in a U shape. Turn pants right side out.

I LOVE DRAW CORD ELASTIC!
I love draw cord elastic because it allows you to breath AFTER eating. Did you ever eat lunch or dinner and then had to loosen your waistband? That won’t happen of your pants will feel just like a fitted waistband. However, if you need some “extra” room, you can loosen your draw cord and just like magic---there’s more room for ice cream!!

To measure for the draw cord elastic:
Hold the end of the cord or tape the end so that the cord won’t sneak back inside the tiny casing. Stretch the elastic snug around the fullest part of you and that’s how much you will use! There is double the amount of draw cord for whatever amount of elastic you use. Measure and record how much elastic that you chose. I suggest you write this on your pattern. (Remember that these pants have to pull OVER the largest part of you.) You are just going to meet the two edges of elastic. Slightly overlap the two ends and zigzag to hold in place. Make sure when you are stitching that you catch the ends of the draw cord.

BEST FITTING TECHNIQUE EVER!!!
You are ready to FIT your pants. Put on the circle of elastic that you just stitched. Now, put on your pants. Make sure the front is in the front and back in the back. HINT: NEVER try on clothes inside out---you fit the wrong side of your body when you turn them right side out! Put the elastic OVER your pants and pull them up till they are comfortable -especially in the crotch area. Don’t panic at the amount of fabric that MAY be left over---you will remove that later.

With a fabric marking pen, draw a line at the top of the elastic. Take your pants off and lay on the ironing board.

Measure 5/8” ABOVE that mark and draw another line. This line will be your cutting line and the other will be your folding line.
Using the cutting line, cut away the excess. Do not throw this scrap away ---it becomes your guide as to how much to cut off the top of your pattern. Lay whatever you cut off the top of your pants and cut that amount off the top of your pattern. Do not be surprised if the front and back are totally different—that is your body and that is why these pants will be so comfortable!

Using the folding line as a guide, press the 5/8” allowance to the inside of your pants.

Fold the 5/8” to the inside of the pants.
Before you attach your elastic, let’s fix and measure any other problems you corrected earlier. If you took a deeper seam in the center back or side seam, remove first stitching and press open again. Measure 5/8” from your NEW altered seam line. Cut off any excess. Take that to your pattern and remove excess from your pattern. Do the same in the center back.

ATTACHING ELASTIC
The elastic is in a circle. Quarter the circle and put 4 pins equal distances apart. One should be where you seamed elastic together. Your pants are already quartered center front and back and both side seams. Place the seam in elastic in the back of your Pants and match other pins to front and side seams. Place elastic directly on the inside of the pants. You will be stitching through the pants and elastic at the same time and eliminate a need for those nasty things called casings! Use a ball point needle to sew elastic to pants. This will lessen the damage to the elastic. Set your machine for longer than normal stitch length. Sew with elastic up and start in the back of your pants. You will be stitching 4 rows—one next to top of pants on the elastic, one at the bottom of elastic and two in between. Be careful NOT to stitch through the cord casing. Go to center front and clip the cord and pull it to the inside

If you did any alterations to your garment—taking in the side seams or waist or whatever you do to make them comfortable---go back and cut that amount OFF your pattern so that you are ready for pants #2.

Hem pants by topstitching or hand stitching. Copyright 2008

Thanks Sew Much,
Judy Kessinger  judy@fitnicesystem.com
www.fitnicesystem.com
SIDE ANGLE POCKET INSTRUCTIONS

1. Trace pattern pieces to Pattern Trace and Cut from lining and fashion fabric according to illustrations.

2. Place fronts of garment right sides together. Using the lining pattern as a guide, line up top and sides of lining pattern and cut away the excess from pants. You have to cut this away to have a place to put the pocket.

By facing your pocket this way, you not only have a finished look on the inside edge (that matches your pants) but it also keeps the pocket from stretching.

The wrong side of the facing will lie on TOP of the right side of the lining.

3. Lay the facing pieces on top of the lining pieces. The slanted part of the facing piece goes to the top. Stitch around 3 sides--top, bottom and inside edge of the facing piece to hold it in place. The lining and facing now become ONE PIECE!

6. Lay pocket with the right side up on table. Line up top and side edges of garment to the pocket. Pin in place (on angled line). Baste pocket shut! (This will allow no cheating with extras on pants.) Carefully stitch pocket to lining. You may stitch twice for strength or serge around the edges. Trim excess as illustrated

7. Repeat for other side of pants.

8. Remove basting stitches and fill with hands or money!
THE BIAS WAISTBAND

You will need to purchase an extra ½ Yard of fabric for a bias waistband

How to find the bias of fabric

This picture shows the cutting layout for shorts with a bias waistband. If you are making long pants or capris, you can still use the same layout!
FOR BIAS WAISTBAND
Cut two bias strips 3” wide
If you have a fold, cut on that fold to create two strips

Put on shorts or pants. Tie a string around your waist--mark with chalk. Draw another line 5/8” above and cut off excess.

STRETCH bias waistband while you are stitching with a 5/8” seam allowance.

Start stitching about 1” before zipper.
Press seam allowance of shorts or pants and waistband up into waistband. Notice the “gathers” that were created from stretching bias as you were sewing. All of those will go away when it is on your body.

Under stitch about 1/4” away from waistband seam. You will be stitching through both seam allowances and right side of waistband.
Fold half of the bias waistband to inside or cut away half and serge raw edge.

Fold to finish zipper edge.

Fold entire waistband to inside and stitch to hold in place.

STITCH in a few places to hold waistband down.
U SHAPED POCKETS

For front pockets, cut two according to picture at right. Pattern included. Be sure that you are using your original pants pattern and you have removed any excess from the top. You can make the U deeper by adding to the top—see note on pattern.

Step #1. Lay both fronts together

Step #2. With both fronts together, lay template on top, lining up top and sides of template

Step #3. Cut on curved line and remove as pictured

Step #4. Lay lining right sides to jeans front and stitch with 1/4” seam. Repeat for other side.
Step #5
Clip, turn, press and topstitch

Step #6
Lay pants front on top of pocket piece, matching up edges of lining piece below.

Step #7. Pin and stitch just to lining. Turn pants front to right side and BASTE POCKET SHUT and BASTE SIDE POCKET to hold in place.

Repeat for other side.

www.fitnicesystem.com  Copyright 2012
POCKET LINING

CUT TWO OF LINING FABRIC

ADD HERE TO MAKE THE U SHAPE LONGER OR SHORTER

MAKE POCKET DEPT LONGER OR SHORTER HERE

SEAM LINE
POCKET PATTERN
CUT TWO OF PANTS FABRIC

MAKE POCKET SHORTER OR LONGER HERE
U SHAPED JEANS POCKETS

For front pockets, cut two according to picture at right. Pattern included. Be sure that you are using your original pants pattern and you have removed any excess from the top. You can make the U deeper by adding to the top—see note on pattern.

**Step #1.** Lay both fronts together.

**Step #2.** With both fronts together, lay template on top, lining up top and sides of template.

**Step #3.** Cut on curved line and remove as pictured.

**Step #4.** Lay lining right sides to jeans front and stitch with 1/4” seam. Repeat for other side.
Step # 5. Clip, turn, press and topstitch.

Step # 6. Lay pants front on top of pocket piece, matching up edges of lining piece below.

Step # 7. Pin and stitch just to lining.
Turn pants front to right side and BASTE POCKET SHUT and BASTE SIDE POCKET to hold in place.

Repeat for other side.
JEANS
TEMPLATE FOR CUTTING PANTS

Use as template TO cut shape from pants
Cut TWO from lining fabric (cotton fabric suggested)

Step #2. With both fronts together, lay template on top, lining up top and sides of template

CUT TWO FROM LINING or COTTON FABRIC ACCORDING TO PATTERN TEMPLATE FOR FRONT POCKETS

MAKE POCKET DEPT LONGER OR SHORTER HERE
JEANS POCKET PATTERN

Using red lines as guide for pattern, cut two of jeans fabric

Step #6
Lay pants front on top of pocket piece, matching up edges of lining piece below.

CUT TWO FROM JEANS FABRIC ACCORDING TO PATTERN FOR FRONT POCKETS

SEAM LINE

MAKE POCKET SHORTER OR LONGER HERE

Copyright 2012
ELASTIC ACROSS THE BACK OF YOUR PANTS

Before you start on this variation be sure to have altered your pattern by removing the excess at the top of your pattern. I would also suggest that you take advantage of the dart in the back of the pants. It will eliminate some of the fullness that you will get from sewing this variation. Follow the pattern and stitch the largest of the darts in the back of your pants before you start. Press the darts to the center!

* Cut out and sew pockets into your pants as per pocket instruction.
* Serge around all edges except hems.
* Sew pants together per instructions. If you are going to use darts, stitch and press to center. Press all seams open and flat.
* Try on pants. Tie a cord on the outside of your pants at your waistline. Pull pants up until they are comfortable. Mark on your pants at that line. This line is now your stitching line for the waistband. This is also a good time to check to see if you need that dart in the back!
* To create a waistband, measures the top of you pants and record that measurement here_____. Add 1 “_________. Cut a piece of pants fabric 4 1/2” wide X the last measurement.

* Use Waist Shaper or fusible interfacing
  Seam together with ½” seam allowance to make a circle. Mark center front and center back.

* You will be stitching your waistband to your pants using a single layer. Sew the edge that is NOT folder under, right sides together, with a 5/8” seam to the top of your pants. Once sewn, press this seam up towards the waistband, encasing the raw edges under the turned seam. Press, pin and stitch in the ditch.
Measure just the back of the waistband. Cut a piece of elastic ½ of that measurement plus 3". Pull out the draw cord. Insert a ballpoint or stretch needle. Use a longer stitch length. Working on the inside of your pants, lay the elastic on TOP of the waistband at one side seam. See picture. Stitch one end of the elastic to the waistband. Stitch other end of the elastic to the other side. Find the center of the elastic and mark. Pin the elastic to the pants back with center of elastic matching the center of the back as pictured. Start at the top of the elastic and stitch to just the back of your pants. Hold and stretch elastic in front and back of the needle and pull as hard as you can. Stitch 4 lines evenly spaced. Steam elastic by holding iron ABOVE never ON the elastic. This will shrink the elastic back in shape!

* Hem your pants and enjoy!! Now spread the word- “Sewing is Fun!”

Judy Kessinger judykess@insightbb.com www.fitnicesystem.com
SLANT POCKET INSTRUCTIONS

1. Trace pattern pieces to Pattern Trace and Cut from lining and fashion fabric according to illustrations.

2. Place fronts of garment right sides together. Using the lining pattern as a guide, line up top and sides of lining pattern and cut away the excess from pants. You have to cut this away to have a place to put the pocket.

By facing your pocket this way, you not only have a finished look on the inside edge (that matches your pants) but it also keeps the pocket from stretching.
The wrong side of the facing will lie on TOP of the right side of the lining

3. Lay the facing pieces on top of the lining pieces. The slanted part of the facing piece goes to the top. Stitch around 3 sides---top, bottom and inside edge of the facing piece to hold it in place. The lining and facing now become ONE PIECE!

5. Lay pocket with the right side up on table. Line up top and side edges of garment to the pocket. Pin in place (on angled line). Baste pocket shut! (This will allow no cheating with extras on pants.) Carefully stitch pocket to lining. You may stitch twice for strength or serge around the edges. Trim excess as illustrated.

6. Repeat for other side of pants.

7. Remove basting stitches and fill with hands or money!
U SHAPED POCKETS

For front pockets, cut two according to picture at right. Pattern included. Be sure that you are using your original pants pattern and you have removed any excess from the top. You can make the U deeper by adding to the top—see note on Pattern.
Step #2. With both fronts together, lay template on top, lining up top and sides of template.

Step #3. Cut on curved line and remove as pictured.

Step #4. Lay lining right sides to jeans front and stitch with 1/4” seam. Repeat for other side.

Step #5
Clip, turn, press and topstitch.
Step #7. You will only be stitching through the lining and the pocket itself ---this will close up the pocket.

When you stitch the side seams of the jeans together—it will finish closing the pocket.

BASTE THE POCKET SHUT
FLY FRONT ZIPPER

PANTS FRONT ONLY  Add box (1 ½” wide and 7” long) as pictured and cut as one when making new pants or jeans pattern. You need this box for the fly front zipper. Interface box with French Fuse.

1. When using a fly front zipper, you will need to sew front center seam first! Start 1” from crotch point, sew to bottom of box. Back tack before you switch to a basting stitch.
   Sew to the top of pants with a basting stitch.
2. Make a clip at the bottom of the fly extension and press the fly front seam open.
Press the fly front seam open.

3. Working only on the right fly extension, place the closed zipper face down on the extension with the bottom of the zipper 1/4" above of the clip and the edge of the tape (NOT THE TEETH) butting the center seam. With narrow zipper foot, stitch on the zipper tape at the right of the teeth. You are stitching through the tape and extension NOT the garment.
4. Turn zipper face (teeth) up--that will fold the extension under to create folded edge. **Stitch** again close to teeth.

5. Lay the zipper tape flat over the left extension, face down, glue with basting glue stick.

Stitch ONLY the zipper to the left extension.

This side of the tape has not been stitched Press carefully.
6. GLUE extension to pants front. Working on the right side of your pants and using a fabric marking pen, draw a top stitch line 3/4" to 1" away from the center seam. Curve this line at the bottom to create the fly front. Stitch on this line, remove basting stitches and enjoy!
POCKET LINING

CUT TWO OF LINING FABRIC

ADD HERE TO MAKE THE U SHAPE LONGER OR SHORTER

MAKE POCKET DEPTH LONGER OR SHORTER HERE

SEAM LINE
POCKET PATTERN

CUT TWO OF PANTS FABRIC

SEAM LINE
Add this piece to top of lining pattern for enough length

LINING PATTERN
Cut two of lining
TOP FACING PATTERN

CUT ON BIAS

Cut two of Pants fabric
ADD 2 3/4” TO TOP FOR FULL POCKET

POCKET PATTERN
Cut two of Pant Fabric
Draw darts on your pattern but don’t stitch them in at first. If you have too much fullness across the back, try just large dart first. Keep in mind that this has to pull up OVER your hips!

Have you ordered your books yet?